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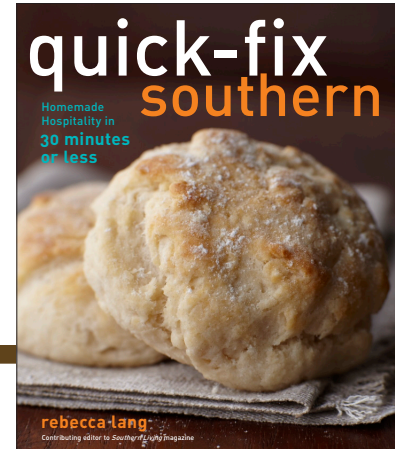
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*Rebecca has made homemade Southern food
fit into even the busiest of lives.*

—Nathalie Dupree, author of *New Southern Cooking*

Rebecca Lang Brings Us Speedy Southern Cooking



Come and get it! In **Quick-Fix Southern: Homemade Hospitality in 30 Minutes or Less** (Andrews McMeel Publishing, \$16.99, March 2011) mouthwatering meals are ready in a jiffy, thanks to Rebecca Lang serving up tasty recipes that defy the notion that Southern cooking is a time-consuming endeavor.

An extra helping of Rebecca’s Southern hospitality complements the appetizing recipes that appear in **Quick-Fix Southern**. Rebecca groups the 115 recipes in 10 themes, making it effortless to find the perfect food to fit the mood. Themes include dishes fit for Tailgates and Gatherings, Busy Weeknight Suppers, and Girls’ Night In, as well as delightful drink concoctions ideal for Sipping on the Screened Porch. Can’t you just taste the Key Lime Martini and smell the gardenias?

In addition to being quick without sacrificing flavor, each recipe is inviting, simple to make, and user-friendly—even for novice chefs. Rebecca, a popular cooking instructor, sprinkles in expert cooking tips and tidbits of Southern history, providing an added spice to the pages of **Quick-Fix Southern**.

After the first bite of one of Rebecca’s recipes—from Ribeyes with Bourbon Pecan Butter and Fried Green Tomatoes to Butter Bean and Bacon Hummus and Real Fast Pralines—cooks will feel an instant connection to their newfound Southern roots.

About Rebecca Lang



As a contributing editor for *Southern Living*, Rebecca Lang is featured in weekly cooking segments on the nationally syndicated show *Daytime*. She is a contributing editor for myrecipes.com and writes a monthly column, “Girls’ Night In,” for the site. Her food writing has appeared in the *Atlanta Journal-Constitution*, *Flavors Magazine*, *Edible Atlanta*, and *Legacy Magazine*. Having taught hundreds of classes, Lang is an accomplished cooking instructor and travels the country teaching classes in cooking schools and to groups as large as 1,200 students.

Quick-Fix Southern: Homemade Hospitality in 30 Minutes or Less

By Rebecca Lang ■ Andrews McMeel Publishing, LLC ■ Price: \$16.99 (\$19.99 Canada)
ISBN: 978-1-4494-0110-8 ■ Paperback: 7½ x 9, 192 pages ■ Publicity begins March 2011